

PERFIL GLICÊMICO SEMANAL

DATA	JEJUM	1h Pós Café	1h Pós Almoço	1h Pós jantar
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL
	mg/dL	mg/dL	mg/dL	mg/dL

